

HVAR, CROATIA

POBUNA SCHEDULE

September 20th-24th 2023

THE
REBELLION
POBUNA

20

S E P

REBELLION MEET - FERRY RIDE (SPLIT, CROATIA)

The Rebellion will take the ferry down to Hvar, around 1.5 hour ride from Split, Croatia. Our first activity as a group.

WELCOME DINNER (HVAR)

All Rebels meet for a local dinner and a welcome session with the Rebellion staff and TIE facilitators.

21

S E P

**MORNING
SESSIONS**

GROUNDING - CLIMB TO TRUST

PURPOSE/POTENTIAL - DIVE INTO YOUR LIMITS

DIRECTION - LEANING INTO CHANGE /BUILDING IDENTITY

**AFTERNOON
SESSIONS**

FIRE - DAY 1 IMPACT SESSION

During this session all the different groups come together to debrief, align and put into action the lessons learned from the day's activities

AFTERNOON/NIGHT OPEN

Enjoy on your own the beautiful town of Hvar. Perfect time to bond beyond the schedule activities with fellow Rebels.

22

S E P

**MORNING
SESSIONS**

GROUNDING - CLIMB TO TRUST

PURPOSE/POTENTIAL - DIVE INTO YOUR LIMITS

DIRECTION - LEANING INTO CHANGE /BUILDING IDENTITY

**AFTERNOON
SESSIONS**

FIRE - DAY 2 IMPACT SESSION

During this session all the different groups come together to debrief, align and put into action the lessons learned from the day's activities

AFTERNOON/NIGHT OPEN

After a long day of activities, enjoy a second night on your own alongside your colleagues. Lots of amazing places to go in Hvar Town.

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23
SEP

MORNING
SESSIONS

GROUNDING - CLIMB TO TRUST

PURPOSE/POTENTIAL - DIVE INTO YOUR LIMITS

DIRECTION - LEANING INTO CHANGE /BUILDING IDENTITY

AFTERNOON
SESSIONS

FIRE - DAY 3 IMPACT SESSION

During this session all the different groups come together to debrief, align and put into action the lessons learned from the day's activities

REBELLION FAREWELL DINNER

We will enjoy dinner at a local restaurant for our closing dinner with all The Rebellion facilitators and rebels.

24
SEP

FIRE - DAY 4 CLOSING SESSION

During this session all the different groups come together to debrief, align and put into action the lessons learned from the day's activities

REBELLION TIE ENDS - FERRY RIDE TO SPLIT, CROATIA

The Rebellion will take the ferry down to Split, around 1.5 hour ride from Split. Our last activity as a group.

SESSIONS DESCRIPTIONS

GROUNDING CLIMB TO TRUST

We're going to hop on some boats and take a 30-minute ride to one of the most amazing climbing destinations in the world - [CLIFBASE](#) in the village of [Sveta Nedilja](#).

During the trip, we'll learn some basic climbing skills and push our limits. After the climb, we can take a dip in the Adriatic waters if we want. Later, we'll learn about the area and the world-famous [Plavic Mali](#) wine that comes from the village. Miroslav Stec, the owner/operator of the land, will share his journey and the story of his wine and place. And of course, we'll get to taste the wine, too!

PURPOSE/POTENTIAL DIVE INTO YOUR LIMITS

Dive Into Your Limits is one of the most challenging experiences in the Rebellion's TIEs. The session is going to push you to your mental and physical limit. World record Free Diver and one of The Rebellion's founding members, William Trubridge, will take you into the empowering sport of free diving.

We will kick off with some breath-work training in the city ocean pools. Will is going to go over the basics of free diving, and get ready to for the real deal. Once we're feeling confident, we'll hop on some boats and take a short ride to the area where we'll put our new skills to the test. Will is going to give us a demonstration, and then we'll have the chance to try it ourselves under the watchful eye of the pros. We'll head back to Hvar town, where we'll take a well-deserved break before joining the afternoon Impact Sessions.

DIRECTION - LEANING INTO CHANGE

Leaning Into Change is all about visualizing change and jumping into it. The day begins with a walkabout from the beaches to the fortress, where we'll immerse ourselves in the culture and heritage of the city guided by a local entrepreneur.

We'll then meet with a local restaurateur at the market, where we will help prepare for the evening's meal. During this session, we'll have the opportunity to learn about the local cuisine, gain insights into the challenges faced on making the business more impactful and exchange ideas for implementing change. We'll also be setting our intentions for the day and taking part in a meditation session to clear our minds and reflect on the significant impact that we can make as entrepreneurs and community leaders.

DIRECTION - BUILDING IDENTITY

As members of The Rebellion community, we are excited to explore our new identity and become more impactful individuals and organizations. To help us bring our new identity to life, we have invited a local artist to guide us through the crafting process. The artist will provide us with their expertise and insights to create meaningful and impactful crafts that capture the essence of The Rebellion.

As we work with the artist, let's think about how we can incorporate the key characteristics of our new identity. Use colors, shapes, and symbols to represent the impact we aim to make. The goal is to visually represent our new identity and celebrate what makes us part of The Rebellion.